

What to bring on the Lift Tour

- Toothbrush / Toothpaste / Deodorant
- Appropriate amount of clothes
- If you bring snacks make sure they are the share size.
- Any prescribed medications that you take on a regular basis.
- Jacket / one set of blue jeans
- A Bible (If they do not have one they can take one from the youth room)

What not to bring on the Lift Tour

- Drugs / Alcohol / Tobacco products
- E-cigs / Vapes

Other info

- Students may have their cell phones as long as they do not use them during the conference.
- If a student uses his or her cell phone during the conference it will be confiscated for the remainder of the trip.
- Male students are not allowed in female students hotel rooms for any reason.
- Female students are not allowed in male students hotel rooms for any reason.
- Lights out will be at 11:30 p.m. For their safety, students are not allowed to leave their rooms after lights out.